

# *Hoke County* Parks and Recreation Department

423 East Central Avenue  
Raeford, NC 28376

**February 9, 2017**

## **Darling Girls**

(Preferred ages 7 and 8)

### **Specific Playing Rules**

#### **I – The Playing Field**

- (A) Baselines shall be fifty feet (60') in length
- (B) - The distance from the front side of the pitcher's plate to the point of home plate shall be thirty feet (30')
- (C) – The distance from the point of home plate to the center of second base shall be seventy feet and nine inches (84.8')
- (D) A 12 foot- diameter circle will be used for the pitching area
- (E) The adult pitcher must pitch from within the circle

#### **II – Minimum Play Requirement**

- (F) **Defense** – Players must play, at the minimum, every other inning in the field in a defensive position in each game. Example: a team begins the game with 14 players, 9 players will start the game defensively, with 5 substitutes. When the 2<sup>nd</sup> inning begins, the 5 substitutes will enter the game defensively, replacing 5 starters. When the 3<sup>rd</sup> inning begins, the 5 players who came out in the 2<sup>nd</sup> inning will return to the field defensively. Teams will continue rotating 5 players in defensively every inning until the game is concluded. The only defensive changes that will be allowed during the inning will be pitching changes or when a player is injured or ejected

#### **III – Coach Pitch General Rules**

- (A) – The infield fly rule is not applied
- (B) – No bunting is allowed
- (C) - The batter will be allowed five (5) pitches or three (3) strikes. The batter will be called out after the fifth pitch. A foul on the last pitch shall not count unless a foul fly is caught, then the batter is out.

#### **IV – The Game, Offense**

- (A) – There will be ten (10) players on defense with only six (6) players in the infield.
- (B) – The offensive team will be made up of the entire team roster continuous batting order- all players shall be listed on the batting order and will bat whether they are playing defense or not.
- (C) - All players must play at least six (6) consecutive outs on defense.
- (D) - An inning shall be ended with the third (3<sup>rd</sup>) out. There will be a 7-run per inning run limit with the exception of an over the fence home run or a ground rule double.

#### **V – Base running**

- (A) – Base runner shall not steal a base
- (B) – The base runner shall not advance on a wild pitch or a passed ball by catcher.

#### **VI – Pitching Rules**

- (A) A coach of the offensive team shall pitch to the batters and shall throw underhanded,
- (B) If a batted ball accidentally hits a coach pitcher the ball is dead, it will be a no pitch

#### **VII- It shall be a regulation game when:**

- (A) Both teams have completed five (5) innings
- (B) Time limit 1 hr and 15 minutes
- (C) When a team is ahead by ten (10) runs after both teams have batted four (4) innings or when the home team is ahead after 3 ½ innings of play
- (D) Teams must have 9 legal players in order to play. There will be a 10 minute grace period for the early game only. The penalty will be a forfeit

